



Human Centered Strategies For Urban Development: The Adaptive City Kuching City South's Perspective

こんにちは
konnichiwa

presented by
Mayor Dato James Chan Khay Syn
Council of the City of Kuching South

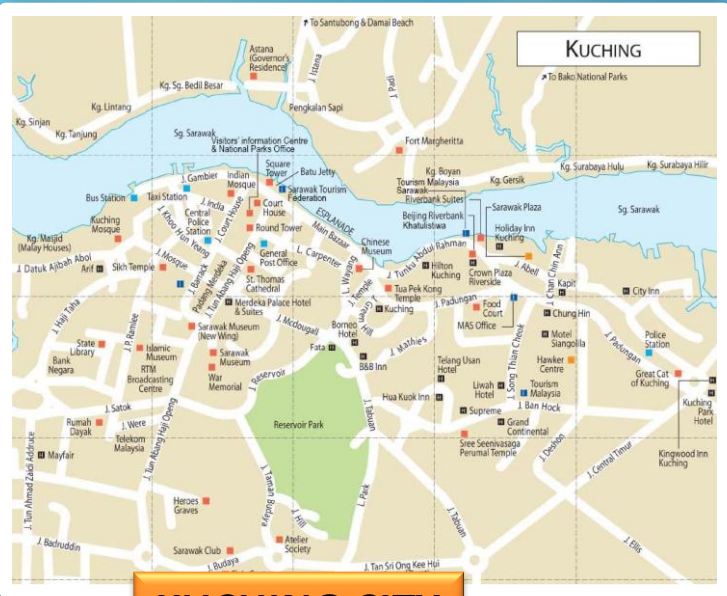


Chief Minister of Sarawak
YAB Datuk Patinggi Tan Sri (Dr)
Haji Adenan bin Haji Satem

KUCHING CITY

SARAWAK





KUCHING CITY



INTERNATIONAL RECOGNITIONS

Since the implementation of Healthy City Programmes, Kuching City South had received numerous International Awards and they are as follow.

- Regional Directors Award, Outstanding Healthy City
- Healthy Cities Good Practices Awards –WHO (Community Based Rehabilitation)
- Alliance for Healthy Cities Awards for Good Practices of Healthy Cities
- Alliance for Healthy Cities Awards for Pioneers in Healthy Cities
- Steering Committee Members for Alliance for Healthy Cities (Asia Pacific) since 2004
- Tourist City Award World Cities Scientific Development Alliance Sister Cities International & United Nation for Disaster Risk Reduction
- WHO Recognition for Healthy Cities Best Practice - Public Sanitary Convenience
- AFHC Awards for Pioneers in Healthy Cities – Mayor Dato James Chan Khay Syn



Old Building



?



Smart Building

Relocation of School ?



Planting Trees ?



THE 5 STRATEGIC PILLARS KUCHING CITY SOUTH

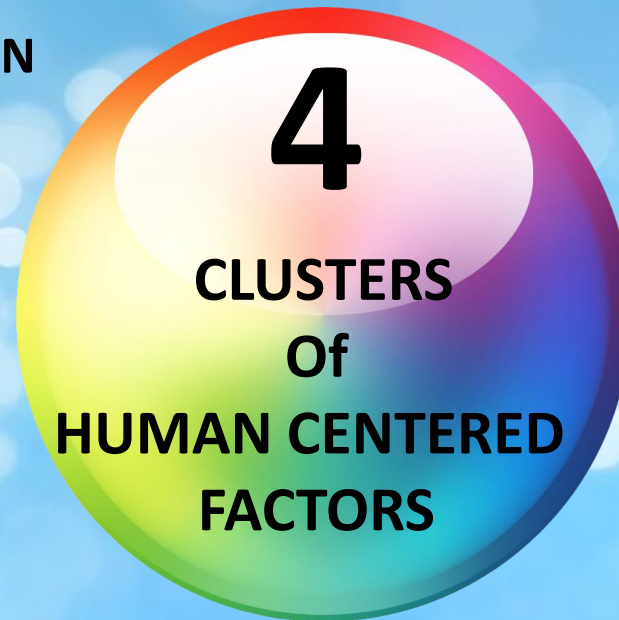




COMMUNITY PARTICIPATION



**LIVEABLE
ENVIRONMENT**



PUBLIC SAFETY



**IMPROVED
INFRASTRUCTURE
&
TRANSPORTATION
NETWORK**



COMMUNITY PARTICIPATION

LIVEABLE LIFESTYLE



AUSPICIOUS: VIPs teasing 'yee kang' as a gesture of prosperity for the year. — Photo by Jeffrey Mestapa

Mammoth crowd at MBKS open house

It serves as the perfect platform for people from all strata of society to blend and laise together. It is an ideal way to enhance the spirit of cooperation and neighbourliness among communities and to inculcate good family values and friendliness.

There were 48 stalls offering all kinds of food products. The event was officiated by Chief Minister Pehin Sri Abdul Taib Mahmud, who was accompanied by his wife Puan Sri Rosnah Taib, the wife of the Chief Minister. The event was also attended by various government and non-governmental organisations.

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THANKS: Taib distributing 'ang pow' to senior citizens. — Photo by Lucas Kong J. L.



CNT GOODIES: Tempayan Restaurant staff distributing noodle packet to the public at the MBKS staff during the Chinese New Year open house.



GOODRESPONSE: Crowd of people at the MBKS open house. — Photo by Lucas Kong J. L.



SYMBOLIC: God of Wealth distributing fortune cookies to the public. — Photo by Lucas Kong J. L.



STEADY: Taib dons the eye of the dragon, while Chan (left) looks on. — Photo by Jeffrey Mestapa



COMMUNITY PARTICIPATION

Check before it is too late

Mayor calls on public to change attitude of reluctance to undergo health screening

SHARON LING
sharling@thestar.com.my
photo by ANDRE OLIVEIRO

PEOPLE need to change their attitude of reluctance to undergo health screenings as early detection of diseases offer the best chance for recovery, Kuching Mayor James Chan said.

He said many people did not take the first step to go screening due to fear, ignorance or cost.

It can also be due to the misconception that a serious illness is bound to be incurable. So they adopt an 'I'd rather not know' mentality. 'What I don't know will not hurt me'.

But this is very dangerous. By the time a disease is discovered, it might be too late," he said when opening a health talk organised by Great Eastern Life Assurance Malaysia Ltd in Kuching yesterday.

Stating his support for events which educate the public on health-related issues, Chan called on insurance companies to organise more such activities.

"Insurance companies should not think of profit at all times. They should hold more health awareness events and activities like walks to encourage people to adopt a healthy lifestyle," he said.

Great Eastern head of marketing Kam Lee Lan said this was the third health talk organised by the company under its "Smart for Life Tea Talk" series.

Topics included "Understanding Your Heart: Symptoms of Heart Disease" and the benefits of health screening by insurance.

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Waiting to be screened: Participants queuing up for free health checks at the



Mayor Chan wants a healthy city too

ANNIE CHENG

KUCHING: The Mayor of Kuching City South Council, James Chan, not only wanted a healthy city but also a healthy people.

One of his projects to the community was to create health awareness to Kuching City folk and yesterday his project on cervical cancer was held at Bintawa.

Jointly organised with Laila Cancer Charitable Trust, Normah Medical Specialist Centre, Bintawa Community Association and Kuching Shikang Kokak Association, a seminar from Normah Medical Specialist Centre, Dr. Kho Lay

Cheng, gave a talk on the prevention and early diagnosis of cervical cancer. A free pap smear was also held.

In his speech, Chan revealed that from the National Cancer Registry of 2003, breast cancer accounted for 31% of all newly diagnosed cancer in women.

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Chan (4th left) with Kho and Chairman of Bintawa Community Association, Tan Kok Chiang, at the function.

Increase of 19.7 cases per 100,000 populations.

He pointed out that the solution started with community awareness, knowledge and attitude among the people. He said with early detection, cancer could be overcome.

"The person to prevent the disease started from each individual," he added.

Chan had organised talk on other diseases in Tabuan

ing estates.

He said the next target would be his own staff members and other NGOs are welcomed to join.

After this project, Chan said he would welcome NGOs like Lion's Club, Rotary, Jaycees or associations to come forward to team up with the Kuching City South to hold more health awareness programmes.

He said besides talking on

in cleaning campaign to the audience.

"We can always touch on the daily habits of the people and the importance of keeping our city clean and healthy," he said.

Chan added that the next would touch on educating the people not to spit or litter.

"We are living in a modern era and such bad habits (spitting and littering) should be done away with," he pointed

out.

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嫌車位太貴就別租

【本報訊】古晉南市政局由新創設的停車位，引起市民不滿。因為租車位太貴（每月租金），不單是

市民不滿，也造成交通阻塞。引起市民不滿。

據悉，古晉南市政局在古晉市中心，新創設的停車位，每月租金高達一百元。這對於一般市民來說，是相當貴的。

古晉南市政局表示，新創設的停車位，是為了方便市民停車。但是，由於租金太貴，市民不願意租，導致交通阻塞。

古晉南市政局表示，將會考慮降低租金，以吸引更多市民租車位。但是，由於租金太貴，市民不願意租，導致交通阻塞。

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BKSS, NMSC and KSHA

hold health event

The concept which is centred around the idea of a healthy lifestyle city, is a useful and appropriate one. Inappropriate dietary habits and physical inactivity are two aspects of modern lifestyle that contribute significantly to the burden of serious disease. One striking consequence is the very high prevalence of diabetes which affects approximately 300 million adults and children worldwide with the number expected to increase to more than 300 million by 2025.

This underscores the key challenge we need to address, that is, to convince every Kuchingites to take personal responsibility for his or her health and to translate their knowledge on the importance of healthy lifestyles into appropriate and sustained changes in their behaviour. By adopting a healthy lifestyle, we stay healthy longer. Being healthy, we can work hard, play hard, and live a full life," Chan explained.

Chan added the Programme indirectly helped the bankers themselves who were busy with their businesses and had no time to do health screening. It also indirectly helped to promote the Market to members of the public.

He said the private sector and

Normah Medical Specialist Centre CEO and managing director Dato Dr. Au Yong Kien Hoi speaks at the conference. Together with him are BKSS mayor James Chan Khay Syn (right), and Kuching Samarahan Division Association chairman Kapitan Lim Sio Khoo (left). PHOTO: JON CHAN

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COMMUNITY PARTICIPATION



PUBLIC SAFETY



SAFETY CITY PROGRAMME



**COMPREHENSIVE
HUMAN-CENTRED INFRASTRUCTURE**

PUBLIC SAFETY

This programme includes 3 components :-

- Environmental Design Initiatives
- Target Hardening and Management
- Community Development and Public Awareness



PUBLIC SAFETY

Major crimes in MBKS areas down in first four months

KUCHING: Some areas within the jurisdiction of Kuching City South Council (MBKS) have recorded major drop in crimes for the first four months this year compared to the corresponding period in 2008.

With only 185 cases of violent and property crime, the rate is 70 per cent less than from January to April last year at 722 cases. Kenyalang Park recorded the highest number of cases last year (Jan-April) of 204 cases followed by Tabuan Jaya (133 cases), Jalan Abell/Padungan (96), Pending/Jalan Kwong Lee Bank (66), RH Plaza/Jalan Lapangan Terbang (48), Jalan Song Thian Cheok (41), Petanak Market (40), Travillion Mall (38), Jalan Rock (23), Crown Square (20) and Jalan Hock Lee (20).

For the corresponding period this year, Kenyalang Park registered 10 cases, Tabuan Jaya (46), Jalan Abell/Padungan (2), Pending/Jalan Kwong Lee Bank (13), RH Plaza/Jalan Lapangan Terbang (3), Jalan Song Thian Cheok (13), Petanak Market (5), Travillion Mall (8), Jalan Rock (14), Crown Square (5) and Jalan Hock Lee (5). This was revealed by Kuching Crime Investigation Department (CID) superintendent inspector Simon Low yesterday.

He pointed out that more than 80 per cent of crime in

Snatch thefts also made up a lot of cases with 48.13 per cent of them committed from 12 noon to 6pm when many people have banking and commercial activities.

Kuching Crime Investigation Department (CID) superintendent inspector Simon Low

the city were property thefts and losses.

"Snatch thefts also made up a lot of cases with 48.13 per cent of them committed from 12 noon to 6pm when many people have banking and commercial activities," he said during a crime prevention dialogue at MBKS auditorium here.

In Kuching, Low said, a policeman had to look after 597 residents and this ratio showed that police here shouldered three times more workload as far as Interpol standards were concerned.

"The one to 597 police-residents ratio means that we have three times more work to do because the Interpol standard ratio is one to 250," said Low, adding that there were 1,000 policemen to take care of 600,000 people in the city.

He was quick to add that the Royal Malaysian Police (RMP) now had a five-year strategic plan to beef up the efficiency of crime-solving via training more personnel to increase manpower and skills.

On vehicle thefts, he urged owners to properly lock their vehicles and never

leave their cars unattended, not even a second.

"Never underestimate the few seconds or minutes that you leave your car unattended because this is the opportunity you are giving to criminals."

"All a criminal needs is an opportunity," he said.

According to statistics, four to five motor vehicles and transport vehicles of Sarawak

"Stolen cars were reported to Lundu, Lubok Antu, Samarahan and Serikin."

"Once a car is stolen, it cannot be recovered, all these are explained."

He hoped that four-wheel drive vehicles, motorbikes and more minor properties like extra locks, measures against Members of Parliament who need to send their text beginning with polis followed by their message or request to



Don't just plan but act, mayor tells committees

KUCHING: Neighbourhood watch committees cannot just plan but must act to tackle crimes if they only meet to draw up programmes but do not act on them.

Pointing this out yesterday was Kuching City South Council (MBKS) Mayor James Chan who said they should speak louder than words when it came to fighting and preventing crimes.

"If we are united in combating and preventing crimes, I do not see why we lose to criminals such as snatch thieves and burglars," he said when giving a crime prevention

According to Chan, neighbourhood watch is a good principle but that society must look at how successful it is in bringing down crimes.

"It is not about theory but workable programmes to help protect ourselves and everyone else," Chan said, adding it was demoralising to see some people hiding when others were in danger.

"Some people have the mentality that it is not 'my business and I should not interfere or lend or hand' even if another person is being snatched of something or needs assistance. This is a wrong attitude."

be helpful. It is wrong to say that police are responsible for combating and preventing crimes," he said.

He called on the various communities under the jurisdiction of MBKS to uphold neighbourhood spirit as well as to assist police in realising a liveable, peaceful and healthy society for all.

"Police cannot tackle crime alone, they need our support. Only by working together can we keep crime rates down and safeguard our reputation as a safe and secure city," he said.

Meanwhile, Kuching police chief ACP Wong Wai

the police to approach him and talk things out.

"We've got to work together and any person with grievances not settling in the office. Police need information and without it, we cannot solve or prevent crimes."

"When we are united, criminals will be scared because many crimes in Kuching are repetitive," he said.

Among those present were Crime Investigation Department (CID) Superintendent Inspector Simon Low, MBKS deputy mayor Abang Affandi Abang Awang, and

Mayor: Let's fight crime together

By Cheng/Peter Sibon

KUCHING: There is a need for the community to come forward and help the Police fight crime and achieve the goal of living in a conducive, safe and crime-free environment in the city.

"Crime prevention is a key strategy. It has been effective because the community fully supports it. Grassroot bodies and the private sector enthusiastically responded to the many community-based programmes spearheaded by the government, the local councils and the police," said Mayor James Chan of the Kuching City South Council (MBKS) at a Crime Prevention Dialogue here yesterday.

"For example, many housing estates, shopping, commercial and industrial complexes have formed their own Community Association or Neighbourhood Watch in tackling crime."

"The strong bond between the

of our greatest assets in our fight against crime. It sets us apart from some other jurisdictions where there is a deep distrust between citizens and the Police," said Chan.

He stressed that the Council and the Police would continue to engage its stakeholders and partners to promote security awareness and crime prevention practices.

"However, the best programmes would not be sufficient if members of the public do not remain vigilant. All of us must not unwittingly allow crime to happen, and by bearing in mind the following simple steps, we can help to reduce crime," advised Chan.

The first step he suggested has been to rely on neighbours who formed the first line of defence as the neighbours could help look out for suspicious-looking strangers and watch over the security of residence or property in the neighbourhood.

He hoped that the Chinese

ing care only of one own premises but to watch out for the neighbours as well.

"Mutual acts of neighbourliness send a strong signal of solidarity against crime and would help to deter criminals," said Chan.

He also cautioned members of the public not to become an easy target of criminals. Some of the ways he suggested were strengthening of home security devices and not to draw attention by carrying large sum of money or don oneself with expensive jewellery.

"Thirdly, crime prevention is everybody's business. Alert the Police immediately upon discovering a crime so that the Police can respond swiftly. Do respond to someone's call for help."

"Let me emphasise that the Police cannot tackle crime alone. They need our support. All of us - the public, Council and Police must keep up our fight against crime. Only by working together can we keep our crime rate down and safeguard our reputation as a safe, secure city," said Chan.



Chan (right) talking to ACP Wong Wai Loong (centre) while Detective Sub-Inspector, Simon Low looks on. PHOTO: RAMPD



LIVEABLE ENVIRONMENT



16/08/2006



Council of the City of Kuching South

LIVEABLE ENVIRONMENT



LIVEABLE ENVIRONMENT

Smart Healthy Lifestyle



Jointly organised with various Community Associations, NGOs and private



OUR Chief Minister seems to be in jovial mood as he helps the kids in the playground to move the swing while Chan (right), Hanifah (second right) and others watch.



A happy outing with the kids! Standing at row from (from left) are Chan, Taib, Hanifah and Ragad. PHOTOS: RAMDI SUBARI

Harmony, bonding - pillars of a socially cohesive city: Mayor

KUCHING: Community harmony and bonding are important pillars in ensuring that Kuching remains a socially cohesive city, said Mayor James Chan.

"As a small city, these are vital factors for Kuching to continue to be successful at the economic front.

"The key to social cohesion is continuous interaction among the various groups which in turn will lead to bonding and emergence of social networks.

"Social networks are organic in nature and can grow out of a variety of circumstances," Chan said in his speech at the opening of the MBKS community programme officiated by Chief Minister Pehin Sri Haji Abdul Taib Mahmud at the Tabuan Jaya Neighbourhood Park here yesterday.

Many among the elderly folk, according to the Mayor, would tell

stories of how different communities co-existed harmoniously in the villages, and how through daily interaction, the villagers felt they belonged to a community where there was much to be gained.

"We ought to strengthen the social networks. Every Kuchingite must be made to feel that they are part of the community.

"Therefore, we must continue to build bridges across communities, strengthen social cohesion, and create a unique community out of the various groups in Kuching," Chan said.

Chan said the community event was a fine example of MBKS working together with associations, non-governmental organisations as well as the Tabuan Jaya grassroots, in its effort to create an active, vibrant and livable working environment, and to imbue

in the residents a greater sense of belonging to the community.

He said the theme "My City! My Home" could be developed and strengthened by establishing local communication networks and keeping the residents up to date with happenings in their area.

He added that social outreach programmes that could strengthen the fabrics of society and fostering values such as generosity, compassion and support for others should be created.

Chan stressed that MBKS always valued the youth, as shown during the last three years when priority was given to them to run and manage their business during the city festivals.

Under the neighbourhood programme, explained Chan, the city council has been carrying out various productive activities that are beneficial to the youth.



THE mass exercise in progress.



(FROM RIGHT) Mayor James Chan, Chief Minister Pehin Sri Taib, Datin Hajah Hanifah Taib Alsree, and others, join in the mass exercise at Tabuan Jaya.



DRUM, drum, the Chinese Snappers Drum.

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LIVEABLE ENVIRONMENT

Children Playgrounds

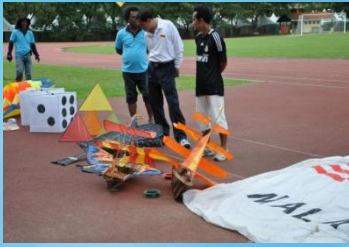


Reflexology Footpaths

Leisure



LIVEABLE ENVIRONMENT



Wondrous, colourful kites take to the sky during Kuching City Fest



Charity walk
brings out city
folk who help
raise RM10,000
for the disabled

KUCHING: The inaugural Charity Walk With Happy raised about RM10,000 for the Sarawak Society For The Disabled (SSD).

Organised by Happy Rice in collaboration with Kuching South City Council, the 2.5km walk attracted about 900 people including the disabled.

He said such effort was in line with the government's calls towards having more youths, cultural and community programmes for the people.

The council had always emphasised the importance of strength-



"Community efforts to help meet these needs are commendable as we believe in the many helping hands approach in providing services and assistance."

"Community endeavours also prompt us to look beyond satisfying our own need," he added.

KUCHING: Women should consider learning martial art to better protect themselves against petty crime.

In suggesting this, Assistant Minister for Public Health Dr. Jerip Sussil told the crowd at the opening of Kuching Festival Games Martial Arts Display 2012 at the State Hockey Stadium here on Saturday night that martial arts were a good form of self-defence.

"Martial arts can play a role in protecting us from becoming

Martial arts are also a good medium for people from different backgrounds and races to interact, Dr Jerip said, adding, "To me, martial arts are also an art form for personal development as they require good discipline. Such discipline will help build a person's determination on the road to success. A successful person always has good discipline."

The private funding of the annual martial arts display was

The groups were Sarawak Tai Qigong Shibashi Association, Sarawak Taekwon-Do (ITF) Association, Wushu, Lion and Dragon Dance Federation of Sarawak, Rumpun Silat Sarawak, Aikido Iwama Ryu, 6 Kelab-kelab Muay Thai Kuching and Steering Committee Silamban.

Also present at the opening was Kuching City South Council (MBKS) member, Lynette Chan.

as Chan (right) and other guests look on. — Photo by Tan Song Wei.

FAIZAL BUJANG

Malah masa mengubah segalanya, sekali juga menyaksikan sukan terbahit juga turut diminati kaum lain.

Datuk Bandar Majlis Bandaraya Kuching Utara (MBKS), James Chan Kay Syn berkata, sebagaimana kita lihat kebanyakan pengajaran sukan terbahit yang tidak teracuali menghimpunkan ramai pemain daripada kalangan kaum bumiputera sama ada Melayu dan

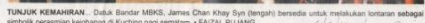
Terdahulu beliau melahirkan rasa gembira melihat sambutan yang begitu hebat bagi kejohanan ini.

Katanya, pengajaran kejo-
hanan itu tidak hanya memberi
peluang kepada peserta terlibat
membuktikan kehebatan mereka,
tetapi juga dapat merapatkan
hubungan silaturahmi antara
semua pihak.

Kejoahan yang merupakan
salah satu daripada aktiviti
bersempena Festival Kuching
2012 itu disertai sejumlah 84
pasukan.

Kebanyakan pasukan bertanda

termasuk kategori wanita terbuka.



TUNJUK KEMAHIRAN... Dubuk Bandar MBKS, James Chan Khay Syn (tengah) bersedia untuk melakukan lontan sebagai simbolik persembaan kelahiran di Kumbh Mela semalam. • CAI ZHAI DI LING

LIVEABLE ENVIRONMENT



EARLY MORNING WORKOUT: Tabuan Jaya Anglican Church's Praise Dance group at the end of their gotong royong at Tabuan Jaya Recreational Park.



Praise Dance group volunteers to clean up recreational park

KUCHING: Members and friends from Praise Dance group held a 'gotong royong' to clean the Tabuan Jaya Recreational Park, where they frequent to do exercise, early yesterday morning.

According to Praise Dance group leader Margaret Fong, hers and three other recreational groups were requested by Kuching City South Council (MBKS) to hold regular 'gotong royong' to maintain the park.

"Since we come here

regularly to exercise, we have come to love this park and we want to take care of it for the betterment of the community," said Fong, whose dance group is under the Tabuan Jaya Anglican Church.

"It's especially important to keep the drains here clean during the wet season to prevent stagnant water from collecting," she said, adding that the group performed their gotong royong once every three months.

Formed in March 2010, the Praise Dance group was initiated and led by Fong and a team from the Tabuan Jaya Anglican Church.

"It's a unique form of exercise that refreshes our mind and bodies," said Fong, explaining that a key component of the dance group involves singing songs of blessing while dancing.

Made up of 80 members so far, the dance group meets at the church every Monday, Wednesday and Friday.



IMPROVED INFRASTRUCTURE & TRANSPORTATION NETWORK



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2010
Rapid Kuching

TRANSPORT SYSTEM



2009
City Public Link



IMPROVED INFRASTRUCTURE & TRANSPORTATION NETWORK



Sarawak River Taxi



CONCLUSION



MY CITY
MY HOME



MAYOR



THE PEOPLES

**“...serve the people well...put our people at the heart of all we do...
target that we all must live to achieve...”**



THANK YOU
ありがとうございます
arigato gozaimasu

prepared by

Council of the City of Kuching South