









UN High Level Political Forum 2019 Workshop

Friday 12 July 2019

Title

Practical tools for Empowering People, Access to Justice and Peaceful Societies

Subtitle

Innovative Approaches to the Inner and Outer Work of Peacebuilding: Building Architecture for SDG16, Personally, Locally, Globally

Date: FRIDAY JULY 12th 10:00-13:00

Venue: Conference Room 5, United Nations Secretariat building (UN badge or pass required for

entry)

COURSE PURPOSE

To foster a space for creating innovative partnerships for peace at local and global levels, through introducing cutting edge science and the most recent best practices from the field on what sustainable peace is, how it is achieved, and the structures and tools with which it can be reliably scaled and implemented internally, locally and globally. To give exemplars and tangible steps that can be added to Voluntary Action Plans by member states, NGOs, IGOs, and individual peacebuilders to overcome barriers to SDG outcomes worldwide. To offer support, partnership and networking to locally led peace initiatives as well as those within the UN Common System.

Organized and delivered by

- ✓ Pathways To Peace, UN Peace Messenger Organization
- ✓ Centre for International Sustainable Development Law (CISDL)
- √ Business Plan for Peace, Nobel Peace Prize Nominee Dr. Scilla Elworthy's initiative
- √ Heart Ambassadors
- √ The HeartMath Research Institute

COURSE DESCRIPTION

Become a powerful ambassador for peace in yourself, your community and our world.

Benefit from:

- Scilla Elworthy's practical Business Plan for Peace
- HeartMath's scientific breakthroughs in the neuroscience of peace
- Scientifically validated methods to generate peace physiologically
- CISDLs exemplars for leveraging legal systems to build and enhance sustainable infrastructures for peace and justice

Objectives:

- Identify why SDG16, Peace and Justice, is the least invested of all of the Sustainable Development Goals (in spite of the fact that it is foundational to the success of the 17 goals and the focus around which the UN was founded).
- Clarify what will make SDG16 appealing to impact investors and donors, and thereby a magnet for regional and international resources.
- Explain and explore the interrelationship between peace, justice, the rule of law and governance mechanisms and how this interrelationship can advance and advocate for SDG16 as a meaningful law and policy tool at the international and national level.
- Understand the inextricable link between inner sustainable development of the individual and the progress of outer sustainable development in the world.

This workshop will not be lecture style only - roll up your sleeves and get engaged, applying new skills and tools in real time! Bring peacebuilding and SDG 16-based governance project ideas for potential fiscal sponsorship and collaboration. A potent and unique opportunity to collaborate with peace partners of like mind and heart from around the world.

COURSE STRUCTURE

This workshop will be structured in six sections, to maximize alignment with the HLPF Theme ""Empowering people and ensuring inclusiveness and equality".

SECTION ONE: 10:00 - 10:15

Why is SDG16 the least invested of all the other sustainable development goals? How does this impact the other goals? What can be done about this?

SECTION TWO: 10:15 -11:00

Inner sustainable development as a foundation for outer sustainable development

Cutting edge scientific research from the HeartMath Institute reveals that the source of personal power, and individual and collective coherence, comes from the heart. These researchers have

also been able to identify that peace is a physiological state of being that changes behavior and perception, prevents violence and encourages collaboration, and can be learned through simple tools for self-regulation of heart rhythm patterns which we will practice in the workshop. When whole organizations or country populations engage in these tools, wide scale social benefits are revealed. We can learn to tap into this power and peace to align our actions with our intentions, and our intentions with the desired outcomes we have for ourselves and our world. This section will introduce participants to the scientifically validated tools that allow us to tap into this source of personal and collective power in us all regardless of race, creed, color, country, economic status- available to anyone who has a heart.

Relates to SDG 4, SDG 10, SDG 16, SDG 17. Methods include scientific presentation, experiential learning and tool application, case study presentations, and Q&A.

SECTION THREE: 11:00-11:15

Increasing capacity and power for dialogue and mediation as a foundation for inclusivity

Once we learn how to listen to ourselves deeply through self-regulation, we are more available to listen to others. In this section we will explore tools for dialogue, mediation, and negotiation as the foundation for sustainable development at all levels. Specifically applies to SDG 4, 10, 15, 16 and 17. It is crucial to pay attention to the vital role that conflict resolution mechanisms play in building socially inclusive communities of equality. This is only possible when all groups are heard and represented through socially inclusive forums, whose impact can be enhanced by effective conflict resolution capacity building. This section of the workshop will empower participants to include mediation and dialogue in their VNRs with inspiring examples to emulate, and innovative ways to communicate.

SECTION FOUR: 11:15-12:00

Business Plan for Peace - infrastructure and best practices for peaceful societies

Business Plan for Peace sets out the facts and figures for a world without war. The book's premise is that there are no military solutions to the major challenges our world currently faces, such as climate change, migration, or cyber crime. If we are serious about building sustainable peace and achieving Agenda 2030, it requires each of us to do the inner work (the focus of Sections 1 & 2) and to then collaborate across sectors to play our respective role in strengthening the effort for peace at local, national, regional and global levels. This section will

open up a dialogue for innovative ways on how the private sector and other sectors that tend to be on the sidelines, can best collaborate with and enhance the international effort by the UN system and NGOs, to ensure state actors and civil society in fragile environments are able to prevent violent conflict, build stability and enjoy economic development. How do we break the cycle of violence and what contribution must each sector make in order to prevent violence erupting in the first place? The section will open up discussion of local structures that can

strengthen early warning and response systems and build holistic Infrastructures for Peace from the ground up.

SECTION FIVE: 12:00 -12:30

The unique link between peace and justice in SDG16 - Leveraging existing legal infrastructures and policy

Peace and justice are interrelated concepts as a matter of law, culture, and practice, requiring a strong institutions, governance mechanisms and legal frameworks for meaningful and durable implementation. By placing the focus of SDG16 on building peace and strong institutions, Agenda 2030 recognized this interrelationship and has incentivized the identification and, where appropriate, creation, of systems to implementation. This section will examine case studies from the international and national level - including examples from vulnerable communities - in order to provide an understanding of how law is currently used as a means of implementing and entrenching the peace and justice elements of SDG16. Additionally, this section will discuss the ways in which law can be used in similar situations in the future.

SECTION SIX: 12:30-13:00

Action plans and applying to VNRs

In a "world café" model, we will offer participants a process for developing their own action plan when they return home at the personal and national level, and give them the opportunity to network with us and each other. This will ensure that what was learned moves from the conceptual and ideological to the actual and manifest.

Training Methodology

Workshop with practical exercises/ Technical briefing/ Presentation of case studies/ Panel discussion.

All of the above, as well as an interactive world café for creating mind maps, action plans, and networking with us and the other participants.

Those participants who express interest will be given access to extensive follow up materials, interviews and webinars online to continue their learning and collaboration with us.

We look forward to welcoming you!